HoPALoNG 2 YEARS OLD ASSESSMENT CHECKLIST

NAME………………………………………………………………………………………DATE……………………………………

THERAPIST…………………………………………………………………………….. AGE……………………………………..

|  |  |  |  |
| --- | --- | --- | --- |
| **FINE MOTOR SKILLS** | **Achieved** | **Partially achieved** | **Not achieved** |
| Picks ups small bead using mature pincer grasp |  |  |  |
| Precise release of small beads into bottle with wrist extension |  |  |  |
| Builds tower of 4-6 cubes |  |  |  |
| Imitates a 3 block train |  |  |  |
| Spontaneous circular scribble, dots and horizontal scribble |  |  |  |
| Imitates vertical line |  |  |  |
| Holds pencil well down the shaft using digital pronate grip- picture |  |  |  |
| May show hand preference, alternates primary hand during activity |  |  |  |
| Unscrews nesting barrels |  |  |  |
| Places 5 round pegs in a pegboard on request |  |  |  |
| Threads 1-2 large beads onto a thick cord/stick |  |  |  |
| Turns pages of a book singly |  |  |  |
| Completes 3 piece shape form board puzzle |  |  |  |
|  |  |  |  |
| **GROSS MOTOR SKILLS** |  |  |  |
| Runs safely on whole foot, stopping and starting with ease |  |  |  |
| Avoids obstacles while running |  |  |  |
| Squats to rest and play with objects on the ground |  |  |  |
| Rises from squat to feet without using hands |  |  |  |
| Pushes and pulls large wheeled toys |  |  |  |
| Walks upstairs and down holding onto rail or wall, 2 feet per step |  |  |  |
| Throws a tennis ball overarm without falling |  |  |  |
| Walks into large ball when trying to kick it |  |  |  |
| Jumps off a step, feet apart |  |  |  |
| Copies 7 body movements eg hands on head |  |  |  |
| Sits on small tricycle, propels self forward with feet |  |  |  |
| Increased understanding of size of self in relation to varying sized objects |  |  |  |
|  |  |  |  |
| **COGNITIVE SKILLS** |  |  |  |
| Lifts drinks from an adult cup and replaces on table |  |  |  |
| Spoon feeds without spilling |  |  |  |
| Chews food competently |  |  |  |
| Takes of shoes and socks (except fastenings) |  |  |  |
| Puts on shoes (except fastenings) |  |  |  |
| Dry during day (variable) |  |  |  |
| Verbalises toilet needs in reasonable time |  |  |  |
|  |  |  |  |
| **PLAY/SOCIAL SKILLS** |  |  |  |
| Copies domestic activities in play |  |  |  |
| Constantly demanding adults attention |  |  |  |
| Clings tightly in affection, fatigue and fear |  |  |  |
| Plays near other children but not with them |  |  |  |
| Defends own possessions |  |  |  |
| No idea of sharing toys or adults attention |  |  |  |
| Tantrums when frustrated, but attention easily distracted |  |  |  |
|  |  |  |  |
| **BASIC CONCEPTS** |  |  |  |
| Points to 5-7 body parts |  |  |  |
| Sorts by colours |  |  |  |
| Knows one block |  |  |  |